

Program at a Glance

		Nov. 28 (Thu)		Registration 11:00-18:00	
	Room A	Room B	Poster Room	Exhibition	
14:00-15:30		ICPH-Jpn. Polyphenol Soc. /Jpn. Soc. of Catechology Joint Pre-Symposium			
16:00-17:30	Opening Ceremony Opening Lectures 1 & 2				
18:00-20:00	Welcome Reception @Ariston Hotel Kobe				

		Nov. 29 (Fri)		Registration 7:45-18:00	
	Room A	Room B	Poster Room	Exhibition	
8:30-9:00	Plenary Lecture 1				
9:00-9:30	Plenary Lecture 2				
9:30-10:00	Coffee Break				
10:00-11:30	Symposium 1 Brain Health & Cognitive Function	Symposium 4 Chemical Approaches & Tools	Poster Mounting (9:00-12:00)	Exhibition (9:00-17:30)	
11:30-13:30	Lunch (Buffet-style) @Kobe Portopia Hotel				
13:30-15:00	Symposium 2 Metabolic Syndrome	Symposium 5 Omics & Analytical Approaches	Poster Viewing (12:00-17:30)		
15:00-15:30	Coffee Break				
15:30-17:00	Symposium 3 Gut Microbiota	Symposium 6 New Perspective of Polyphenol Targets			
17:30-19:30			Poster Core Time & Mixer		

		Nov. 30 (Sat)		Registration 7:45-18:00	
	Room A	Room B	Poster Room	Exhibition	
8:30-9:00	Plenary Lecture 3				
9:00-9:30	Plenary Lecture 4				
9:30-10:00	Coffee Break				
10:00-11:30	Symposium 7 Bioavailability & Metabolism	Symposium 10 Anthocyanins & Procyanidins	Poster Viewing (9:00-17:30)	Exhibition (9:00-17:30)	
11:30-13:30	Lunch (Japanese-style) @Kobe Portopia Hotel				
13:30-15:00	Symposium 8 Tea Catechin & Function	Symposium 11 Cardiovascular Health			
15:00-15:30	Coffee Break				
15:30-17:00	Symposium 9 Cacao: Intervention & Epidemiology	Symposium 12 Polyphenols in Asian Foods			
17:30-18:15			Poster Core Time		
18:15-19:00			Poster Viewing		
19:30-21:30	Banquet @Hotel Okura Kobe				

		Dec. 1 (Sun)			Registration 7:45-12:00				
	Room A	Room B	Room C	Poster Room	Exhibition				
8:30-9:00	Plenary Lecture 5								
9:00-9:30	Plenary Lecture 6								
9:30-10:00	Coffee Break			Poster Removal (9:00-11:00)	Exhibition (9:00-12:00)				
10:00-11:30	Symposium 13 Functional Phytochemicals	Symposium 15 Polyphenols: The road from plants to functional foods	Symposium 14 Polymethoxy Flavonoids						
11:45-12:30	Closing Ceremony & Award Ceremony								
12:45-13:30		Special Lecture (w/ Lunch Box)							
14:00-17:45	ICoFF/ICPH/ISNFF Joint Keynote Lectures	@Portopia Hall (Kobe Portopia Hotel)							